

## Foreword

Dear interested person, I would like to present you a really comprehensible alternative to our usual Christian faith, which, according to my experience, has a good chance especially today.

When I was at "my beach" between Bias-Lespecier and Mimizan-Plage (south-west France) in the last few days - as usual - and wanted to take a little walk on the beach (without "bathing clothes", of course, because the wonderful beach is usually deserted), there was a family with two young girls (I guess about 11 and 7) who were also "romping around" naked between the parents (who could hardly be seen because they were obviously asleep, but "in their usual swimwear") and the ocean, so I gave them a wide berth. But on the way back I thought that I could pass by without the big bow between the girls and the water, because the girls obviously know "such openness" and therefore have no problems with it, and they were also quite far away. And so, as I came close, the younger one almost stormed towards me, only to turn off on a "well-trodden course" relatively close to me. And the older one stood a bit apart and watched, but also in "full femininity". I suspect that for the girls I was one of them and they behaved according to the motto of "childlike justice" and had also agreed with each other: "If he has no problem with us looking at him, we have no problem with him looking at us!"

Somehow, of course, this was a beautiful experience for me (after all, I am 80 years old) and I told a friend, a former Protestant pastor, about it - and he said that it is a pity that girls probably lose this naturalness and openness quite soon.

I am now trying to spread a concept that this naturalness and openness will be preserved, not least because it has something to do with being genuinely beautiful as a human being, and I also consider it to be the concern of the real Jesus.

After all, the two young girls have now had two (I mean very positive) experiences: when they see a naked man, they don't go blind or anything else bad happens to them, and when a naked man sees them naked himself, he doesn't bite or do anything else bad to them. They now know that all the fear-mongering about nudity is largely nonsense. Of course, in order for young people to develop a really positive attitude towards life, they still need a corresponding pedagogy. And that is my concern, see the last pages of this text. And I do think that I am not a paedophile and that the girls are not gerontophiles (i.e. they want to love "old people"), but that they are simply naturally curious about health and therefore, out of a natural drive, want to overcome the culturally conditioned hostility towards

the body (just as I do) and do not want "more" at all.

And if I remember more precisely: when I arrived on the dune and saw the girls for the first time, they were running around, when I made my way around them, they were still running too - and when I came back from my beach walk maybe an hour later, they were still running. It looks like overcoming body hostility has spurred their urge to move or even their vitality extraordinarily. So overcoming shame is not just about a joy in renouncing instinct, but about an intensification of being human par excellence.

What I experienced here is certainly also a philosophical problem of world knowledge in general: if I had behaved as usual "with swimming trunks", the girls would of course have seen that from a distance - and behaved accordingly in the same way and also "covered up". And when I came closer, I would have got the impression that they are "like that", even on a lonely beach, because this "typical shame" is part of our humanity. The reality is, however, that I would then have seen in them only what I myself am - I would not have seen objective reality. And thus I would not have seen the chances of a more life-like moral pedagogy and finally the pedagogy of a concept of faith according to the real Jesus.

And after several conversations, especially with friends, about this "encounter", I have to set something straight. Some of the friends immediately said that the girls also wanted to "touch" and be "touched" because, as we know, if you want nudity, "you will certainly want more". I have to strongly disagree here! Obviously there is a big and fatal misunderstanding here: the girls simply did not want to be ashamed of their femininity and have to hide it, they wanted to be proud of their femininity for once, they just wanted to "see and show", they wanted to be human - and nothing more! And with a sensible moral pedagogy it would stay that way - and for a long time, I mean even until marriage! M.P.

You can also find the booklet (40 p.) on the internet at [www.michael-preuschhoff.de](http://www.michael-preuschhoff.de) or <https://basisreli.lima-city.de/krum-lin-deu.pdf>.

**Afterword:** After a lesson, a pupil once came to me and said wistfully that I was very right in my attitude that sex belonged in marriage and that the orgasm was so important. Unfortunately, she had done it differently because she hadn't known any better, and she would be very angry about it, it had just been the wrong one. I intertwined the index and middle fingers of my two hands, looked at them briefly and asked if "that" wouldn't have done it too. She replied: "Of course, but nobody says that...". So now I say it for others who want to do it better from the start - and as clearly as possible!

First of all, I would like to point out that I came to some of the approaches by chance or through a certain casualness on my part, I am thinking here of the conversation with the mother on page 10 - or also of the conversation with the pupil that I have just told you about. At school, I didn't really dare to make such recommendations openly by interlacing my fingers, and I didn't think it was necessary. But after my active time as a teacher, conversations then arose with girls or indeed with young women about how they could do it properly, where I did it with my fingers. I had a first conversation along these lines a few years ago with a student whom I saw sitting on a park bench with an obvious fellow student in Fez near the university during a trip to Morocco. Somehow I was itching to approach the two of them, saying that I had been a Catholic religion teacher in Germany and that my most interested students had been Moroccan girls (they really were), and whether I could talk to her about what interested these students. Of course, the one with the hijab wanted to know! So, according to the motto that we don't know each other anyway and that we would never see each other again, I told her freely about my idea that this Jesus was not at all about religion, but that he had noticed how women were blackmailed into prostitution with the two-witness procedure and how he wanted to change that by publicly spreading the word - and how he was then killed for it by judicial murder. In the end, his opponents made a religion out of it to cover up Jesus' real commitment. And today, too, there would be no interest in the real morality of young girls, only today it would be different from back then. They would only ever be told about a pseudo-morality of shame, but this would only lead to senseless fears. For example, I had never seen girls start having sex because they had fun with nudity on a beautiful beach (where such things are common). With the right awareness, even nudity is no problem - and above all, they can even find out which man is right for them with skin contact and without penetration! For the experience of orgasm, which is what matters, only light touches are necessary - if it is the right partner, there is no need for penetration. But, I said, everyone has to know about it and want it... And I can still see how her eyes got brighter and brighter - yes, that was

obviously what she was dreaming of, somehow I had hit something in her soul... And a Muslim woman with a hijab, that is, with this head covering that only leaves the face exposed! If that's nothing!

I had a similar experience with a waitress in a small guesthouse on Bali, with whom I got into conversation when she brought me breakfast - and also with such shining eyes!

Finally, I was particularly impressed by the conversation I had with a North German high school graduate on a world tour, whom I met while visiting the catacombs with the bones of the Franciscan monks who died long ago under the Franciscan church in Lima (Peru). When I told her - we had long since returned to the fresh air - about the orgasm test and intertwined my fingers, I realised that this went against her morals, which she obviously wanted to live by. Then I said: "Yes, whoever forbids everything only achieves that everything is done in the end ...". And in a split second, so to speak, her face lit up and her eyes began to shine and I had obviously "won" her over - she immediately came along on a city tour to which I invited her because we could talk just as well and see something of Lima at the same time.

Of course I thought about why these three girls (for me they were girls who were obviously still without "male experience") obviously seemed so euphoric by my ideas. I remember another pupil who once came to me after a lesson and told me about her upcoming visit to the gynaecologist. At first I didn't understand what she wanted, but when I asked, I found out that she just wanted to get "it" over with and had now found someone "for it" and wanted to do everything right - as I know today. But at that time I simply lacked the imagination that that could be the reason to start having sex. In any case, my impression - in retrospect - is that the girl was really in distress, at least she didn't make a happy impression on me at all. And now I realise that the three girls seemed so euphoric because they were also in such or similar distress, from which I had now freed them as if from a burden through the idea of an alternative. Of course, I don't know whether I had any fundamental effect here.

After all, I think I have come across a concept of high morals that should also resonate with young people in our time, and that I can also generalise, especially because the girls came from different cultures. So, when it comes to sexual morality, you can't always just be against something, you have to be for something first and foremost, and to do that you have to give young people, and especially girls, tips on how they can live a high morality with joy and intelligence right from the start! This is what I have now tried to do from page 20.